



**NWOCA**

**SPRING**



*In Person*

# Workshop

## + MEET & GREET

Stress, burnout, and professional impairment are prevalent among mental health professionals and can have a negative impact on their clinical work. This workshop will highlight how attending to one's own holistic well-being, can be a pathway towards preventing negative outcomes.

**SATURDAY**

**18  
MAY  
2024**

**11AM-1PM**

**DR. KAREN MCGIBBON, PH.D., DMIN., LPC, NCC**



**Register**

for **FREE** at

<https://ohiocounseling.org/event-5716708>



Location:

**Cogent Coaching &  
Counseling**

**1665 Tiffin Ave. Findlay,**

**OH 45840**

