

PREPARE AND ENRICH FACILITATOR TRAINING

Prepare & Enrich Facilitator Training

FRIDAY, MAY 27TH, 2022
8:30AM - 3:45PM EST

This cost is for the Prepare and Enrich Facilitator Training, certificate, and includes cost for shipping and purchase of the complete Prepare and Enrich manual. **Only one training is needed to be able to provide unlimited assessments to the couples you work with.**

Why take this course:

Becoming a certified Prepare/Enrich Facilitator provides you with the core knowledge and skills to confidently utilize Prepare/Enrich's proven assessment and feedback resources, which are based on Family Systems principles. After the course you will be able to:

*Be named as a Prepare and Enrich Facilitator on the Prepare & Enrich local and national databases

- Prepare couples to take the assignment
- Interpret the assessments insights
- Give personalized feedback
- Initiate meaningful discussions
- Facilitate relationship skill-building exercises

Once certified, the assessment will provide you with powerful insights on each couple, including:

- The couple's alignment on issues unique and specific to their relationship phase and context
- The impact of family of origin experiences on each partner's perception of the couple relationship
- Positive/negative cycles affecting the relationship
- Which relationship areas to focus on and which to build upon
- Stress level of each partner
- Key personality similarities and differences

Presenter: Ashley N.
Grinonneau-Denton,
Ph.D., PCC-S. IMFT-S,
AAMFT Approved
Supervisor,
CST, CSTS

Why Prepare & Enrich?

When you're talking about working with systems, the right work means focusing on the skills, topics, and issues that are relevant and specific to the relationship at a certain point in time. Outcomes in systems work can be sub-par if therapists and clients lack an appropriate map to help steer the therapeutic process. The Prepare & Enrich Assessment provides just that resource.

The Prepare and Enrich Assessment uses each couple's unique relationship strengths as a springboard to growth and resilience. The right work is crucial because it is the most efficiently effective path to growth, giving the couples the right tools at the time.

Devoting energy to the areas that don't match the current reality of a relationship or focusing on the areas of struggle, leads to frustration, discouragement, resentment, and leaves couples wanting to better their relationship feeling disillusioned with the therapy process very quickly.

Alternatively, focusing on strengths promotes a sense of optimism and confidence that builds upon itself, creating a cycle of positive growth and an even stronger sense of resilience over time. Prepare & Enrich provides that exact opportunity. It also provides relationship dyads with a physical report template that showcases areas that would benefit from growth, as well as the already existing points of resiliency within the relationship.

