## OARTC/SAIGEO Presents

## Trauma-Informed Social Justice: Fighting the Fight While Protecting Your Soul (1 CE)

## Overview

In this session, we will discuss ways to care for your soul while engaging in necessary social justice work. Trauma-informed social justice practice takes the best of trauma strategies and weaves those strategies with soul-nurturing cognitive and affective protections. We will also engage in discussions of various identity-based insights and applications.

Date	March 8, 2024 at 12 PM EST
Cost	FREE for OARTC/SAIGEO members, <b>\$15</b> for non-members
Objectives	<ul> <li>Understand social justice practice.</li> <li>Contextualize social justice practice through a trauma-informed lens.</li> <li>Understand why social justice work can trigger past and current trauma and ways to flag those triggers to protect yourself.</li> <li>Understand why the soul needs to be protected during trauma-informed social justice work and ways to protect your soul.</li> </ul>
Presented by	<b>Colette T. Dollarhide, Ed.D., NCC, ASC, LPC-S</b> , is program chair and professor of counselor education, serving as a counselor educator since 1994 and a counselor since 1988. Her experiences include serving as a dean of education for a business college, a college counselor, a career counselor and administrator, and a consultant for school counseling. She has been involved with schools as a volunteer and consultant in five states since 1995 and has authored two textbooks and numerous professional studies on social justice, school counseling, leadership, and pedagogy. Her primary teaching assignments at the master's level include multicultural and social justice counseling, school counseling, supervision, and theories of counseling. At the doctoral level, her primary teaching assignments include pedagogy and professional identity. She also serves the profession in national and state associations of CSJ, AHC, ASCA, OCSJ, OACES, and OSCA.
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