

# POSITION DESCRIPTION

**POSITION TITLE:** School Based Mental Health Therapist

**DIRECT SUPERVISOR:** Program Manager, SBMH

**DEGREE OF SUPERVISION:** Meets with supervisor on an ongoing basis **POSITIONS SUPERVISED:** With supervision license may have supervisees

The **School Based Mental Health Therapist** will provide counseling services consisting of assessing a client's reasons for engaging services and developing a course of treatment to address the needs as expressed by the client to achieve more effective personal, social, educational, and/or career development adjustment. Depending upon assignment, diagnosis of mental and/or emotional disorders, alcohol/drug disorders, and/or co-occurring disorders may be required, and medical necessity will need to be documented. At times this position may require the assessment of crisis situations and the determination of immediate interventions to preclude further escalation/complication of the situation.

### **Summary**

The **School Based Mental Health Therapist** is a mental health professional who lends their expertise to the behavioral needs of the school environment. This position provides coordination, development, and leadership toward an integrated continuum of care that addresses the barriers to learning and leads to improved behavioral and academic outcomes for identified students at an identified school site or sites. This position provides consultation and education to school staff and on-site community providers toward best practice, positive development, and behavioral interventions for students. This position is responsible for participating in and/or facilitating a multi-disciplinary group of on-site professionals toward outcome focused behavioral planning, referrals/connections, and monitoring of identified students. This position will assist in the implementation of a tracking/data collection system to monitor and track progress and outcomes of the students served. This position includes providing billable diagnostic assessments and mental health/AoD treatment for identified students.

## **Essential Job Functions / Responsibilities**

- Assess, diagnose, develop a treatment and discharge plan in consultation with immediate Supervisor and other professional staff.
- Provides strength-based counseling interventions.
- Coordinate and facilitate a school-based CARE Team.
- Provide behavioral and mental health consultation and education to school staff, as needed.
- Promotes positive parent and family engagement.
- Provide counseling services and a course of treatment to meet the client's needs.

Provide crisis intervention / counseling for individuals to resolve or stabilize the crisis, establishing competency through incident report reviews, training records, and progress notes.

Provides individual counseling demonstrating competency in individual counseling as evidenced by clinical chart reviews, case consultation, and supervisory observations.

Provides case management to assist clients in obtaining needed services and linkages with referral sources, employers, family members, other treatment providers and to assist in the discharge planning process, with competency evidenced by chart reviews, case consultation and supervisory observations.

Performs clinical record keeping which accurately documents the findings, treatment, and clinical outcomes on a timely basis for each client served, demonstrating competency by chart reviews, quality assurance reviews, and supervisory reviews.

Provides client and family education demonstrating competency in clinical progress notes, pre/post test scores, and supervisory observation.

Meets the CommQuest Services productivity standard guidelines.

All other duties as assigned.

# Age-Specific Competencies for Counselors Treating Children/Adolescents (as needed)

Skill in utilizing family systems in aiding in the treatment process, as evidenced by the participation of family members involved.

Assessment summaries of clients demonstrate counselor understanding of child and adolescent growth and development.

Case management needs are identified and appropriate resources are utilized to meet the range of child/adolescent treatment needs, as evidenced in the progress notes/treatment plan/correspondence sections of the clinical chart.

Group education and group therapy are conducted with demonstration of competency in child/adolescent behavior and development.

# Competencies

- Maintains current certification in CPR/First Aid.
- Non-Violent Crisis Intervention training preferred.
- Demonstrates knowledge of HIPAA, AoD and Federal Confidentiality Law.
- Ability to recognize possible signs of abuse and neglect of minors.
- Knowledge of basic infection control procedures.
- Demonstrates competency in responding during agency fire drills or actual fires.

- Understanding of agency disaster protocols.
- Position requires routine evening hours and a willingness to allow some flexibility in scheduling a caseload.
- Selected providers are expected to serve clients with mental health, addiction, and cooccurring disorders, and to demonstrate skills in developmental appropriateness, traumainformed approaches, and cultural competency.
- Must possess the ability to utilize supervision and teamwork toward best practice service delivery.
- Must be fluent in written and spoken English.

#### **Qualifications**

- Master's degree in Social Work, Counseling, or Psychology.
- Minimum licensure of LPC or LSW preferred.
- Registration as a Counselor-Trainee or Social Work-Trainee is acceptable. The individual will continue to remain enrolled in a Master's level Clinical Counseling or Social Work program and be registered with OCSWMFTB as a Trainee.
- Minimum experience of **2+ years' post licensure experience is highly preferred**.

## NON-EXEMPT EMPLOYEE / HOURLY

We are an equal opportunity employer. All applicants will be considered for employment without attention to age, race, color, religion, sex, sexual orientation, gender identity, national origin, veteran or disability status.